

# PREDICT THE COLD WEATHER...

## Winter Plan

### 2018 - 2019

Saint-Gilles and surrounding



**ST. GILLES**  
**CPAS | OCMW**  
CENTRE PUBLIC D'ACTION SOCIALE  
OPENBAAR CENTRUM VOOR MAATSCHAPPELIJK WELZIJN

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## Where to eat ?



### Morning :

#### • Chez nous / Bij Ons

Monday to Saturday, breakfast from 7h30 to 11h30 (free of charge). Coffee for 0,30€.

Rue des Chartreux 60 - Brussels - **02/513 35 96**  
Metro 2 and 6 – Bus 48 – Tram 3 - 4 Stop Bourse

#### • Le Clos

Breakfast from 8h30 to 9h30 (ticket distribution from 8h30 to 9h00) price 1€ and 0,30€ beverages **available 7 days.**

33a Parvis de Saint-Gilles - Saint-Gilles - **02/537 33 33**  
Metro 2 et 6 Stop Porte de Hal - Tram 3 - 4 Stop Parvis de Saint-Gilles or Porte de Hal

#### • L'Entraide de Saint-Gilles

Monday to Friday from 8h30 to 10h00 free coffee and breakfast.

Soup from 10h15 to 11h.

Counselling : Monday to Friday from 8h30 to 11h00

Rue de l'Eglise 59 - Saint-Gilles - **02/541 81 14**

Tram 3 - 4 - 51 Stop Parvis de Saint-Gilles or Metro 2 and 6 Stop Porte de Hal

#### • Educateurs de rue de la commune Saint-Gilles

Every first and third Monday of the month from 9h00 to 11h00, free breakfast at the Midi Train Station and surroundings ; legal advisor available.

Rue des Fortifications 12 - Saint-Gilles - **02/539 23 91**

#### • Resto du coeur de Saint-Gilles

Monday to Friday from 8h30 to 10h free breakfast

Rue de Bosnie 22 - Saint-Gilles - **02/538 92 76**

Tram 81 - 82 Stop Bethléem

### Lunch and Dinner

#### • Chez nous/ Bij Ons,

From Monday to Friday lunch menu for 1€.

Open from 11h30 to 15h.

Rue des Chartreux 60 - Brussels - **02/513 35 96**

Metro 2 and 6 – Bus 48 – tram 3 - 4 Stop Bourse

#### • Saint Gilles Educateurs de rue

Second and fourth Tuesdays of the month in the evening from 18h to 21h. Free of charge coffee, soup and sandwiches at the Midi Train Station and surroundings **02/539 23 91**

#### • Le Clos

Lunch for 2€, **7 days**, for the homeless

(Ticket distribution until 12h), meals are served at 12h30 (no access during the meal).

From 14h30 (except Wednesdays) menu (limited number) for 0,50€. Free soup from 14h30.

33a Parvis de Saint-Gilles - Saint-Gilles - **02/537 33 33**

Tram 3 - 4 - 51 Stop Parvis de Saint-Gilles or Metro Stop Porte de Hal

#### • Missionnaires de la charité

Warm meal Wednesday, Friday and Saturday (first serving from 14h30 to 15h15 ; second serving at 15h15)

Tuesdays meal served at 15h15 (Sundays meal served at 16h and 16h45).

Closed Mondays and Thursdays.

Avenue du Roi 69 - Saint-Gilles - **02 539 41 17**

Tram 82 – Bus 64 Stop Avenue du Roi

#### • Nativitas

Lunch served from Monday to Friday and every second Saturday from 12h00 to 13h30, for 1,5€ (main course, coffee, desert) or 2€ (with soup) Center open from Monday to Friday from 9h30 to 17h and Saturdays from 10h to 15h

Rue Haute 118 - Brussels - **02/512 02 35**

**Open December 25**

Bus 95 -48-27 Stop Chapelle

#### • Resto du Coeur de Saint-Gilles

Warm meal from Monday to Friday from 11h to 12h45 (after a meeting with the social assistant) and from 16h30 to 19h00 soup, bread, cheese and cold cuts free of charge.

Counselling office : Monday, Tuesday, Thursday from 11h to 13h or by appointment.

Rue de Bosnie 22 - Saint-Gilles - **02/538 92 76**

Tram 81 - 82 Stop Bethléem

#### • Social Restaurant la Rencontre

**6days/7** from 10h to 19h - closed on Mondays.

Tuesday 12h to 19h. Breakfast (free) from 10h15 to 11h.

Lunch soup (free): from 12h15 to 13h.

Free evening hot meals from 17h30 to 18h30. Soup (evening) free.

Coffee all day at 0,50 €.

Social Permanence: **6d/7** from 10h to 12h and from 14h to 16h.

Free access for women. New membership card

Wednesday, Thursday, Friday.

Rue de la Senne 63 in Brussels - **02/514 33 32** Tram

82-83-51 stop Porte d'Anderlecht.

## Where to warm up ?



#### • Resto du coeur de Saint-Gilles

As soon as the weather forecast announces negative temperatures, access from 16h30-19h.

Rue de Bosnie 22 - Saint-Gilles - **02/538 92 76**

Tram 81 - 82 stop Bethléem

#### • Le Clos

Open 7 days from 8h30 to 9h30 and from 13h30 to 18h. Wednesday until 15h.

33a Parvis de Saint-Gilles - **02/537 33 33**

Tram 3 - 4 - 51 Stop Parvis de Saint-Gilles or Metro Stop Porte de Hal

#### • DoucheFLUX

From Tuesdays to Fridays from 8h30 to 17h, Saturdays and Sundays from 11h30 to 15h.

Rue des Vétérinaires 84 – Anderlecht – **02/319 58 27**

Metro 2 – 6 Stop Midi Station – Tram 32 - 81 - 82

– Bus 49 - 50 Stop avenue du Roi – Bus 78 Stop Vétérinaires

#### • Nativitas

Open from Monday to Friday from 9h30 to 17h

Drinks for sale from 0,20€ to 0,25€

Clothes for sale from 10h to 11h30 : Fridays for women and children ; Tuesdays and Thursdays for men.

Rue Haute 118 - Brussels – **02/512 02 35**

Bus 95 - 48 - 27 Stop Chapelle – Metro 2 - 6 - Tram

3 - 4 - 51 Stop Porte de Hal

#### • Restaurant social La Rencontre

Open **7 days** from 10h to 20h.

Rue de la Senne 63 - Brussels. **02/514 33 32**

Tram 82 - 83 - 51 Stop Porte d'Anderlecht

#### • L'Entraide de Saint-Gilles

Open from 8h to 12h

Counselling: from Monday to Friday from 8h30 to 11h00.

Rue de l'Eglise 59 in Saint-Gilles - **02/541 81 14**

Tram 3 - 4 - 51 Stop Parvis de Saint-Gilles or Metro

2 and 6 Stop Porte de Hal

## Where to rest ?



#### • Pierre d'Angle

After social counselling, possibility to take a nap.

Reservation by phone from 13h00.

Rue Terre Neuve 153- Brussels. **02/513 38 01**

Metro 2 - 6 - Tram 4-51 Stop Gare du Midi - Bus 48

Stop Jeu de Balle

## Where to sleep on night?



#### • Pierre d'Angle

Possibility to request a bed upon arrival at the shelter at 20h. Rue Terre Neuve 153 - Brussels.

**02/513 38 01**

Metro 2 - 6 Tram 4 - 51 Stop Gare du Midi – Bus 48

Stop Jeu de Balle

#### • Le Samu Social

Emergency shelter – Men, Women, Families

Bed reservation toll-free number **0800 99 340**

Social and psychological Counselling, food, bed, health care. All services are free of charge and accessible to all.

Rue du Petit Rempart 5 Brussels – **as well as other venues.**

Tram 51 and 82 (Stop porte d'Anderlecht for

Rempart and Bodeghem or Lemonier for Poincaré)

## Where to wash?



#### • Bains publics

Tuesdays to Saturdays from 14h. Bring your soap and towel or pay 2,5€.

Rue du Chevreuil 28 Brussels – **02/511 24 68**

Bus 27 Stop Porte de Hall - 48 Porte de Hall Place

du Jeu de Balle

#### • Chez nous / Bij Ons

Monday, Tuesday, Thursday and Friday from 10h to 15h. 1€

Free clothes

Rue des Chartreux 60 - Brussels - **02/513 35 96**

Metro 2 et 6 – Bus 48 – tram 3 - 4 Stop Bourse

#### • DoucheFLUX

Tuesday to Friday from 8h30 to 12h and Saturdays from 11h30 to 15h.

Shower for 1€, lockers for 1 € to 2€.

Rue des Vétérinaires 84 - Anderlecht **0471 22 96 43**

Metro 2 - 6 Stop Gare du midi - Tram 32 - 81 - 82 -

Bus 49 - 50 Stop Avenue du Roi

Bus 78 Stop Vétérinaires

- **La Fontaine**  
Monday, Tuesday, Thursday, Friday. Inscription at 8h30. Entrance at 9h30 or 11h30.  
Present a document from an administrative/social partner.  
**Free** health care, pedicure, anti- parasite treatment.  
Rue Haute 346 - Brussels – **02/510 09 10**  
Metro 2-6 Tram 3 - 4 - 51 Stop Porte de Hal

- **Le Clos**  
Daily from 9h30 to 11h and from 14h to 16h (except Wednesday afternoon).  
1,5€.  
33 A Parvis Saint-Gilles – **02/537 33 33**  
Tram 3 - 4 - 51 Stop Parvis de Saint-Gilles or Metro Stop Porte de Hal

- **Missionnaires de la charité**  
Daily from 9h30 to 11h and from 14h to 16h (except Wednesday afternoon).1,5€.  
33 A Parvis Saint-Gilles – **02/537 33 33**  
Tram 3 - 4 - 51 Stop Parvis de Saint-Gilles or Metro Stop Porte de Hal

- **Nativitas**  
From Monday to Friday from 9h30 to 11h15 for 1€  
Rue Haute 118 - Brussels - **02/512 02 35**  
Bus 95 - 48 - 27 Stop Chapelle – Metro 2 - 6 and Tram 3 - 4 - 51 Stop Porte de Hal

- **Pierre d’Angle**  
Phone reservation from 13h00.  
Rue Terre Neuve 153 - Brussels. **02/513 38 01**  
Metro 2 - 6 Tram 4 - 51 Stop Gare du Midi – Bus 48 Stop Jeu de Balle

- **Resto du cœur de Saint-Gilles**  
From Monday to Thursday from 14h00 to 15h00 and Friday from 10h to 11h  
Reservation from 9h to 13h  
Rue de Bosnie 22 - Saint-Gilles.  
Tram 81 - 82 Stop Bethléem

- **Rolling douche**  
Mobile Hygiene Service **0474/414 007**  
In our specialised mobile home equipped with a warm system, we offer clean clothes, warm beverages and counselling. All our services are free of charge and open to women, men, accompanied children (with a parent if child is under age)  
• Monday from 14h30 to 18h, place Flagey - 1050 Ixelles (from 7/11 to 31/3/18 )  
• Wednesday : from 14h30 to 18h, rue des Sols, Central Station  
• Friday from 14h30 to 18h, Midi Station (next to the Pension Tower).  
Please note, the clothes are available to people taking a shower in our mobile home.

## Where to wash clothes?



- **Bulle ASBL**  
Sustainable and free mobile laundry service. «Bulle» is

a truck equipped with 2 washing machines and 2 dryers  
**0487/ 44 88 68**

- **DoucheFLUX**  
Laundromat from Tuesday to Friday from 8h30 to 12h and Saturdays from 11h30 to 15h.  
Rue des Vétérinaires 84 - Anderlecht- **0471/ 22 96 43**  
Metro 2 - 6 Stop Gare du midi - Tram 32 - 81 - 82 - Bus 49 - 50 Stop Avenue du Roi  
Bus 78 Stop Vétérinaires

- **Le Clos**  
Every week day from 9h30 to 11h and from 14h to 16h (except Wednesday afternoon).  
All inclusive 2€ maximum 7kg.  
33 A Parvis - Saint-Gilles – **02/537 33 33**  
Tram 3 - 4 - 51 Stop Parvis de Saint-Gilles or Metro Stop Porte de Hal

- **L’Entraide de Saint-Gilles**  
From Monday to Friday 10h at 12h - 1€  
Rue de l’Eglise 59 - Saint-Gilles - **02/541 81 14**  
Tram 3 - 4 - 51 Stop Parvis de Saint-Gilles ou Metro 2 and 6 Stop Porte de Hal

## Medical treatment?



- **DoucheFLUX**  
Medical permanence from Tuesday to Friday from 14h-16h.  
Rue des Vétérinaires 84 - Anderlecht - **0471 22 96 43**  
Metro 2 - 6 Stop Gare du midi - Tram 32 - 81 - 82 - Bus 49 - 50 Stop Avenue du Roi  
Bus 78 Stop Vétérinaires

- **DUNE (help for people suffering of drug addiction)**  
Free counselling and check-up.  
Nurses available from Monday to Friday from 19h to 22h30  
Doctors availble every Monday from 19h to 21h and every Thursday from 14h to 16h  
Avenue Henri Jaspar 124 - Saint-Gilles - **02/538.70.74**  
Metro 2 et 6 et tram 3 - 4 et 51 - Stop Porte de Hal.

- **Médibus - Free medical care for people suffering of drug addiction:**  
- Mondays from 15h - 18h at Ribaucourt  
- Tuesdays and Thursdays from 15h to 18h at Place Saintelette - Molenbeek-Saint-Jean  
Tram 51 - Stop Saintelette

- **Médibus - Orientation and medical care by Médecins du monde**  
Médibus - Free mobile medical service : **02/225 43 13**  
Monday from 18h30 to 20h45 : rue des Sols – Central Station  
Tuesday from 18h30 to 20h45 : Esplanade de l’Europe- Midi Station  
Thursday from 18h30 to 20h45 : place Solvay – North Station.

- **Médecins du monde**  
Phone assistance : Mondays, Wednesdays, Thursdays, Fridays from 9h - 12h and 13h -17h. On Tuesdays only from 9h - 12h - **02/225 43 13**

- **ASBL Solidarité Grands Froids**  
Doctor and nurse : every Tuesdays from 12h - 16h  
Clothes distribution : every Tuesdays, Thursdays and Fridays from 12h - 16h  
(Access to the center only with note from a social assistant or advisor)  
74 rue du Danemark – 1060 Brussels  
Tram 81 stop Bethléem or Trams 3 - 4 - 51 and Metro stop Porte de Hal

## How to get general information ?



- **CPAS de Saint-Gilles**  
Welcome Desk from 8h to 12h.  
Rue Fernand Bernier 40 and Chaussée de Charleroi 123A - Saint-Gilles. **02.600.54.11**  
Metro 2 - 6 Stop Porte de Hall or tram 81 Stop Bethléem  
Metro 2 - 6 Stop Louise or tram 81 Stop Janson

- **Chez nous / Bij Ons**  
Daily from 9h to 15h except Wednesdays  
Counselling from 10h to 16h30  
Rue des Chartreux 60 Brussels - **02/513 35 96**  
Metro 2 et 6 – Bus 48 – tram 3 - 4 Stop Bourse

- **Diogènes**  
Street workers within the Brussels region including Saint-Gilles.  
Support to homeless people throughout their marginal life. **02/502.19.35**

- **DoucheFLUX**  
Psycho-Social Advise from Tuesdays to Fridays from 8h30 to 17h.  
Rue des Vétérinaires 84 - Anderlecht - **0471 22 96 43**  
Metro 2 - 6 Stop Gare du midi - Tram 32 - 81 - 82 - Bus 49 - 50 Stop Avenue du Roi  
Bus 78 Stop Vétérinaires

- **DUNE (help for people suffering of drug addiction)**  
Anonymous, free and unconditional counselling.  
Welcome desk from Monday to Friday from 19h to 22h45.  
Counselling every Wednesday from 19h to 22h30 and every Thursday from 14h to 17h.  
Avenue Henri Jaspar 124 - Saint-Gilles - **02/538.70.74**  
Metro 2 and 6 et tram 3 - 4 and 51 - Stop Porte de Hal.

- **Educateurs de rue**  
Counselling : Tuesday, Wednesday, Thursday 10h-13h  
Rue des Fortifications 12 - Saint-Gilles – **02/539 23 91**  
Metro/Tram: Parvis/Porte de Hal

- **Service Justice de Proximité - General Legal Help**  
- Every 1st and 3rd Monday of the month from 9h to 11h, at the Midi Sation with the Saint Gilles Street Workers.

- Mondays from 14h00 to 16h0, Wednesdays from 9h00 to 11h00 and Thursdays from 9h00 to 11h00 – 126 rue dela Victoire - Saint-Gilles (soon at 7 - 8 Place Broodthaers) **02/542 62 40**  
Metro/Tram : Parvis/Horta (soon : Midi Station)

- **L’Entraide de Saint-Gilles**  
Counselling : from Monday to Friday from 8h30 to 11h  
Rue de l’Eglise 59 - Saint-Gilles - **02/541 81 14**  
Tram 3 - 4 - 51 Stop Parvis de Saint-Gilles or Metro 2 and 6 Stop Porte de Hal

- **Infirmiers de rue**  
Street Workers and nurses for homeless people with the Brussels area including Saint Gilles  
**02/265 33 00**

- **Médecins du monde**  
Telephone Helplines : Monday, Wednesday, Thursday, Friday : 9h – 12h and 13h – 17h. Tuesday only from 9h - 12h. **02/225 43 13**

- **Nativitas**  
Counselling : Tuesday, Wednesday, Thursday from 9h30 to 11h30  
Legal Counselling : Monday from 10h to 11h30  
Public Writer : Monday and Thursday from 13h30 to 16h30  
Rue Haute 118 Brussels - **02/512 02 35**  
Bus 95 - 48 - 27 Stop Chapelle – Metro 2 - 6 and Tram 3 - 4 - 51 Stop Porte de Hal

- **Resto du Cœur de Saint-Gilles**  
Counselling : Thursday and Fridays from 9h – 10h and from 11h - 13h, or with an appointment. If an emergency, possibility to meet an advisor during the meals (beginning of the week).  
Rue de Bosnie 22 - Saint-Gilles - **02/538 92 76**  
Tram 81 - 82 Stop Bethléem

- **Restaurant social la Rencontre**  
Social services: 6d / 7 from 10h to 12h and from 14h to 16h.  
Rue de la Senne 63 in Brussels - **02/514 33 32** Tram 82-83-51 stop Porte d’Anderlecht.